

# **PALESTRICA OF THE THIRD MILLENNIUM - CIVILIZATION AND SPORT**

*A quarterly of multidisciplinary study and research*

© Published by The "Iuliu Hațieganu" University of Medicine and Pharmacy of Cluj-Napoca  
and  
The Romanian Medical Society of Physical Education and Sports  
in collaboration with  
The Cluj County School Inspectorate

A journal rated B+ by CNCS (Romanian National Research Council) since 2007,  
certified by CMR (Romanian College of Physicians) since 2003,  
CFR (Romanian College of Pharmacists) since 2015 and CMDR since 2018

A journal with a multidisciplinary approach in the fields of biomedical science,  
health, medical rehabilitation, physical exercise, social sciences  
applied to physical education and sports activities

A journal indexed in international databases:  
EBSCO, Academic Search Complete, USA  
Index Copernicus, Journals Master List, Poland  
DOAJ (Directory of Open Access Journals), Sweden  
CiteFactor, Canada/USA  
CrossRef, Lynnfield, MA (US)/Oxford (UK)

# 3

Vol. 19, No. 3, July-September 2018