

Ear diseases in athletic activities

Cătălin Raus, Ermil Tomescu, Adriana Mureșan, Alexandra Berghian
Iuliu-Hațieganu University of Medicine and Pharmacy, Cluj-Napoca

Abstract

Sport activity and high performance can be influenced and limited by specific accidents that require emergency treatment in order to provide a quick and complete recovery.

During the practice of different disciplines in sport, external, medium or internal ear traumas and infections are frequent. These emergencies must be prevented, diagnosed and correctly treated by an otorhinolaryngologist, because every interruption in a sportsman/woman's activity can negatively influence their performance and their sport career can be put to an end.

Keywords: otitis, athletes, trauma.