

Software for supervising physical and sport activity in order to evaluate students

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Abstract

Background. We started from the point that there is insufficient exploration of the biopsychometrical configuration in the student's final evaluation.

Aims. Building logical software to monitorise the physical activities for first and second year students, for the whole year, interactive and which will count for the final evaluation.

Methods. Students can consult the scores and can understand better the evaluation methods according to their personal wishes. They can see their progress at any time and what requires to be done so they can finally obtain an optimal mark.

Results. The students have shown a real interest in this new method and in this programme we included eight groups of activities which can be evaluated.

Conclusions. As it is the first version, the programme has had some technical problems. It is necessary to have also two portable computers on a wireless system connected to a PC. We also need to adjust the accreditation system so the students can attend many practical classes. Many students from the first and second year have shown a real interest for internal competitions.

Keywords: final evaluation, physical and sport activity, software.