

Physical activity for health continues to remain a concept without substance for the ordinary Romanian citizen

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Abstract:

Physical activity for health (PAH) represents an increasingly convincing concept, more and more invoked in theory and more and more implemented in practice. However, in spite of this evident trend and of the actions launched and financed by the European Union, for the Romanian citizen PAH is continuing to remain a concept without substance. There are some more explanations for this state of facts, but the most important is that no single Romanian ministry has clear attributions and responsibilities in this respect. Thus, while the Ministry of Public Health completely ignores PAH, the Ministry of Education and Research addresses only a small segment of the population and the National Agency for Sport is only involved in sport for medals and performances. Some very recent initiatives of the private sector seem to bring a wind of hope, but it is clear that without a more sustained and well financed campaign by the state, no significant improvements in this respect could be expected.