## The majorettes – between sport and art

## Mihai Ludovic Kiss

"Iuliu Hațieganu" University of Medicine and Pharmacy, Cluj-Napoca

## **Abstract**

The majorettes are the girls who perform a complex choreography to the rhythm of marching, operate a baton or pom-pom and wear colorful uniforms. In time, this activity, which began in XVIII century, has become a sport discipline. There are some different types of majorettes: European majorettes, American majorettes - cheerleaders and twirling baton. This activity which is situated between sport and art has important contributions in forming some biomotric, psychological, social, musical and choreographic abilities which are presented in different national and international shows and competitions.

Keywords: majorettes, costumes, accessories, abilities.