A new technique of competitional alpine skiing

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Abstract

At the end of the last ski season and the begining of the actual alpine ski season, world cup competition, F.I.S. competition and world competition offered and still are offering multiple examples of discontinues turn, named since 1993 *carved turn*. There are two fundamental motives for the appearance of the new types of turns: first the evolution of the alpine ski at the highest level and second the development of the materials that the parabolicals skies (CARV) meant.

We started in the elaboration of this study from the following steps:

- a) In what measure the evolution of the materials and of the preparing techniques went together.
- b) How much the preparing tehniques and the existing conditions of training had to change using parabolical skies.

Keywords: alpine skiing, absorption, pivotation, carved turn.