

Romania connects too slowly to the European measures of promoting health through physical activity

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Abstract

Starting especially with The Program of Community Action in the Field of Public Health (2003 – 2008), European Union – in fact European Commission – usually together with some experts and specialized collaborators, initiated and developed a series of programs, meetings, documents and actions aimed at counteracting obesity epidemic and promoting physical activity. Amongst them the most recent and worth of mention are: The WHO European Ministerial Conference on Counteracting Obesity. Diet and physical activity for health, November 2006, European Charter on counteracting obesity, EU Platform on Diet, Physical Activity and Health, The GREEN PAPER – Promoting healthy diets and physical activity: a European dimension for the prevention of overweight, obesity and chronic diseases. The present paper's intention was to reflect the participation to and involvement of Romania, in the above mentioned efforts, concluding that generally speaking our country is either absent or ina-dequately presented and represented.