

The particularities in mixed swimming groups for the children with hearing disabilities

Daniela Ganea, Virgil Ganea

International School of Choueifat Doha, Qatar

Abstract

This article discusses the importance of daily physical activity and examples of how children with hearing disabilities can access swimming skills. It describes how swimming techniques help children (ages 4 to 8) with hearing disabilities to integrate in the society, as a unit and efficient part of it. The article presents the characteristics of children with hearing disabilities and emphasizes the physical and social improvement obtained after a swimming program intervention.

Keywords: hearing disabilities, respiratory capacity, social contacts, changes in the water.